Our Mission:
O'Brien House saves lives and families from alcoholism and drug abuse through residential treatment and community outreach.

Our Vision:
O'Brien House will be an effective, quality program that supports ongoing recovery to all and returns clients to the mainstream of society. It will be a program led by a committed community board, competent and dedicated staff, and active alumni. It will be a widely recognized Program respected and supported by the community with a broad base of financial support.

Our Values:
At O'Brien House, we believe in...
Caring for Each Person
Open Mindedness to Others
Acceptance of the Individual
Confidentiality Among Staff and Clients
Honesty and Sobriety as a Way-of-Life
Respect for Each Individual
Unconditional Love
Spirituality and a Dependence on a Higher Power

This unveiling of our vital statistics is an expression of faith that our progress is a message worth sharing. We want to thank our friends and supporters, and we want you to see how your faith has borne the fruit of hundreds of lives in recovery.

There is a perennial wish for some new prescription that will reverse the fatal compulsions of alcoholism and addiction. To the contrary, our experience shows that a vital spiritual experience is necessary to accomplish such an internal reorganization. For that reason, the work of O’Brien House is to instill the suggestions of the Twelve Steps in our clients, with the methods and insights of clinical practice, in a safe, homelike, residential environment. This work demands a lot of faith, especially in the face of bedevilments—when a former client relapses, or a staff member falls ill, or the roof leaks, or the a/c fails.

2019 will be memorable. Our campus will undergo continued improvement as we expand to include an adjacent lot donated by the Carmena family. It will be cleared and graded to provide a new exercise area for our women residents, plus more green space and parking. A future project will rehabilitate our oldest dorm, 1231 Laurel Street, and add complementary facilities on the adjoining Carmena lot. Already, a new walkway has improved safety and circulation on the campus, and video monitoring has been upgraded to improve safety for our residents and visitors. And, lest you think us too serious, a friend gave us a piano, and our musically gifted clients play it every day!

In 2019 we will be more creative in teaching relapse prevention that lasts because the price of relapse today is often death. We will intensify our efforts so our clients—homeless, indigent alcoholics and addicts in recovery—will have a true sense of our vision, values and mission, and so they will learn and apply life skills as well as the Twelve Steps in their ongoing recovery.

This document can only convey a few important details from the span of a year. You may trust that we continue to serve because we have a faith that works, twenty-four hours a day, in us and through us. Your faith works through you as well to sustain us through the bedevilments. Thank you very much.

Todd Hamilton
Executive Director
A Message from our Board Chairman, Doreen Taravella:

As we look back over another year of being privileged to watch miracles unfold for our clients, a step at a time, we are humbled and grateful for our dynamic community’s support of O’Brien House.

We are honored to be able to provide those struggling with addictions with a safe place in which to initiate and maintain their individual journeys of abstinence. What a joy to witness the darkest phases of life develop into bright and glorious futures because of the contagion effect of recovery.

It is my pleasure to serve as chair of the Board of Directors, and would like to acknowledge the following individuals for the wonderful contributions they have made to O’Brien House. Much appreciation to Fred Blanche, John Camp, Penny Frazier, Charlotte Landry, Fred Jeff Smith, and Robert Varnau as they rotate off the Board. We have happily welcomed Steve Adams, Lewis Blanche, Mary Helen Borck, Bridgett Brister, Heather Day, Margo Jolet, Claire Pittman, and Janet Sukkar to Board positions where they are bringing energy and enthusiasm to various committees.

On behalf of this Board, I would like to thank our executive director, Todd Hamilton, for his exemplary leadership, commitment, and strong vision. We would also like to recognize our extremely talented staff members who continue to do so much with so few resources. Their passion in helping our residents everyday is one of the hallmarks of our success.

Finally, we are eternally grateful to our community collaborators, donors, fundraising partners, grant underwriters and the great state of Louisiana for their dedication, generosity, and steadfast support of our mission. Thank you for allowing us to continue doing what we do best as we strive to become better and better.

Special thanks to Digital FX for excellence and in-kind support in filming and production of annual video.

Special thanks to Dezins Interactive for design and hosting of our website.

For more information, including more donors and contributors of in-kind donations, please see our website: www.obrienhouse.org

For information about the 2019 Essay Contest, please visit: www.obrienhouseessays.com

Our 2018 Video: https://www.youtube.com/watch?v=vk5zoqgi5T4

O’BRIEN HOUSE ALSO GRATEFULLY ACKNOWLEDGES THESE PHILANTHROPIES AND INDIVIDUALS FOR PROGRAMMATIC SUPPORT:

HUEY & ANGELINA WILSON FOUNDATION
Vitally important support for re-entry services and challenge grants, increasing our ability to provide necessary services in our community.

CHARLES LAMAR FAMILY FOUNDATION
Unwavering support of the O’Brien House mission, necessary for the successful recovery of so many alcoholics and addicts.

JOEL & KAREN SANDERS
Graciously supporting the mission of O’Brien House and a source of strength and hope for our clients, their families, and our community.
The Treatment Department continued to strive forward with tremendous progress in 2018. We have continued our efforts to document services more efficiently by adopting an electronic health record (Encounter Works) and expanded clinical resources by offering the Hazelden curriculum, Living in Balance. As part of expanding the program and making our services more effective we have added a Spirituality group for males that focuses on their relationships with children and families and becoming better men. We formed a grief support group to assist the clients in processing their grief in a safe space. Over the last year we have had the benefit of offering educational placements to a wonderful group of interns who have introduced various specialized focus groups (i.e. shame and guilt, resiliency and psychoeducation) to enhance the clinical services. We have also enjoyed and valued the assistance of 2 senior community service workers sponsored by the Capital Area Agency on Aging Senior Workers Program.

A vital treatment goal for all clients is to learn to enjoy sober social activities. Such recreational events in 2018 included the Super Bowl Party, Hot Dogs in the Park, the Women’s and Men’s Appreciation Dinners, and a crawfish boil. Our community partnerships are continuing to expand by welcoming organizations including Regions Bank, which provide financial literacy to the clients monthly, and START Corporation, which provides expanded mental health and other wrap-around services to the clients who experience serious mental illness along with the addiction. And, because length of stay has been curtailed by Medicaid and other funding streams, especially for indigent males, this prompted us to expand our Intensive Outpatient Services and create an extended living program.

As our services grew and expanded so has our treatment team. We added three wonderful counselors including Jacqueline Hayes, PLPC (who has moved on but was a great addition to the team), Becky Simms, PSS, CLC, CIT, and Deanderia Gremillion, PLPC. Sharifa Price transitioned from Direct Care Tech to IOP Coordinator and Dena White moved from IOP Coordinator to Billing Coordinator.

The O’Brien House Treatment Department team has invested substantial effort and attention serving clients referred by prisons, jails or drug courts. In tracking these individuals through treatment and exit over the last three years, we have demonstrated encouraging success in reducing relapse and recidivism. This subset of our client base totaled 259 intakes (241 discharges) in 2016-2018. 206 of these individuals completed the program or received a non-adverse exit. At the end of 12 quarters, 186 of these individuals, 77% of exited clients, achieved successful reentry defined as having attained 120 days sobriety plus stable housing, employment, and participation in after-care and/or 12 step groups.

### 2018 Clinical Highlights:

**Monthly Income Level**

<table>
<thead>
<tr>
<th>Income</th>
<th>Entry Income</th>
<th>Exit Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Income</td>
<td>231</td>
<td>48</td>
</tr>
<tr>
<td>$1-150</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>$151-250</td>
<td>0</td>
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<td>$251-500</td>
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<td>$501-1000</td>
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<td>67</td>
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<tr>
<td>$1501-2000</td>
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<td>11</td>
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<tr>
<td>$2001+</td>
<td>1</td>
<td>11</td>
</tr>
<tr>
<td>Total</td>
<td>244</td>
<td>244</td>
</tr>
</tbody>
</table>

### 2018 O’Brien House Client Demographics

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>56 and over</td>
<td>18</td>
<td>3</td>
<td>21</td>
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<tr>
<td>41-55</td>
<td>54</td>
<td>19</td>
<td>73</td>
</tr>
<tr>
<td>26-40</td>
<td>103</td>
<td>31</td>
<td>134</td>
</tr>
<tr>
<td>18-25</td>
<td>12</td>
<td>4</td>
<td>16</td>
</tr>
<tr>
<td>Total</td>
<td>187</td>
<td>57</td>
<td>244</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Length of Stay</th>
<th>#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than 1 Month</td>
<td>49</td>
</tr>
<tr>
<td>31-60 days</td>
<td>48</td>
</tr>
<tr>
<td>61-90 days</td>
<td>50</td>
</tr>
<tr>
<td>91-180 days</td>
<td>74</td>
</tr>
<tr>
<td>181+ days</td>
<td>23</td>
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</table>

<table>
<thead>
<tr>
<th>Addictions Served</th>
<th>#</th>
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</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>32</td>
</tr>
<tr>
<td>Drug Abuse</td>
<td>74</td>
</tr>
<tr>
<td>Poly-Substance</td>
<td>138</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Status Upon Exit</th>
<th>#</th>
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</thead>
<tbody>
<tr>
<td>Left for a housing opportunity before completing</td>
<td>17</td>
</tr>
<tr>
<td>Completed Program</td>
<td>117</td>
</tr>
<tr>
<td>Non-Compliance with Program</td>
<td>5</td>
</tr>
<tr>
<td>Needs could not be met by program</td>
<td>24</td>
</tr>
<tr>
<td>Left for a job opportunity</td>
<td>0</td>
</tr>
<tr>
<td>Elopement</td>
<td>14</td>
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<tr>
<td>Medical</td>
<td>8</td>
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<tr>
<td>Admin</td>
<td>38</td>
</tr>
<tr>
<td>Still in program</td>
<td>21</td>
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<tr>
<td>Total</td>
<td>244</td>
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</table>

<table>
<thead>
<tr>
<th>Outpatient Services</th>
<th>#</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intensive Outpatient Program / Outpatient Program</td>
<td>95</td>
</tr>
<tr>
<td>Adult Substance Education Program (ASEP)</td>
<td>150</td>
</tr>
<tr>
<td>Veterans</td>
<td>21</td>
</tr>
</tbody>
</table>
2018 PREVENTION DEPARTMENT HIGHLIGHTS

<table>
<thead>
<tr>
<th>Service Units</th>
<th># Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Information Dissemination ● Information &amp; Referral ● Literature</td>
<td>19,233</td>
</tr>
<tr>
<td>Education ● Family Training ● Resource Library</td>
<td>500</td>
</tr>
<tr>
<td>Networking &amp; Collaborations</td>
<td>275</td>
</tr>
<tr>
<td>Training &amp; Workshops ● Substance Abuse Seminars ● Employee Education</td>
<td>281</td>
</tr>
<tr>
<td>Community Awareness ● Info Fairs/Festivals</td>
<td>4,841</td>
</tr>
<tr>
<td><strong>Total Service Units</strong></td>
<td><strong>25,120</strong></td>
</tr>
</tbody>
</table>

COMMUNITY AFTERSCHOOL & EVENING PROGRAMMING

**STRENGTHENING FAMILIES**

*Strengthening Families* consisted of 6 sessions designed to engage children and their families in structured activities between the hours of 3:00 p.m. – 8:00 pm. The primary goal of the program is to "prevent destructive behaviors and promote healthy lifestyles" while supporting community efforts to help youth and their families remain safe afterschool.

Our participant group was comprised of residents from 2 local housing projects. There were 14 individuals from 6 families, 9 of whom were youth. 100% of the enrolled families completed the 14-session training program in its entirety; and 100% attended up to 9 sessions.

Despite our efforts, the Strengthening Families program was cancelled in June 2018 due to low enrollment levels statewide. It was replaced by The Lions Quest afterschool program which was implemented in October 2019.

**LIONS QUEST**

*Lion’s Quest* is geared toward middle and high school youth, ages 11-14, and includes structured activities from 2:00 pm – 5:00. The program is designed for a classroom setting and contains six (6) units on the following topics:

- DRUGS AND ALCOHOL
- SUBSTANCE ABUSE
- BULLYING
- LIFE SKILLS
- SOCIAL DEVELOPMENT
- LEADERSHIP

The program enrolled (9) nine youth within one public housing development and (6) six youth within The Oaks Subdivision in the city of Zachary. A total of twenty (20) youth signed up, and 90% of the enrolled youth completed the first quarter in its entirety.

**Participant Demographics**

**Strengthening Families**

- Gender: 70% Females, 30% Male
- Race: 100% indicated Black or African American
- Household: 88% youth indicated living with single parent or grandparent and 12% youth reported living with parent

**Lions Quest**

- Gender: 80% Females, 20% Male
- Race: 100% indicated Black or African American
- Household: 88% youth indicated living with single parent or grandparent and 12% youth

Our Symbol of Recovery: The Butterfly

When a caterpillar changes into a butterfly, beautiful wings are created, and new life begins. At O’Brien House, the wings of a butterfly represent the client’s new life in recovery.
Barksdale Dentistry
Bertman and Associates
Broadmoor Presbyterian Church
Degaravelles and Associates
Detox Center of Louisiana
F.C. Schneider, CPA, LLC
First United Methodist Church
Janus Management
Livers Corrections Consulting
Mission Heart
N Contracting, LLC
Olinde and Mercer
Parker’s Pharmacy
Phebs Dunbar, LLC
Presbyterian Women
Ruhr Valley Publishing
Stepping Stones of Baton Rouge
Strategies by Design
Technology Source, LLC

Mark & Grace Alello
Wayne & Cheryl Allemond
James Ambler
Sarah Andalib
Mary Anderson
Dawn Andre
Lauren Andrews
Chris Andrews
Barbara Auten
Martha Barbone
Wendy Bates
Keith Bayard
George & Terri Bell
Michelle and Becca Belleau
Mary Benbow
John Bennett
Victoria Bernhard
Gene & Jolie Berry
Michelle Birke
Robin Blanche
Robert Blanche

Dutchie Blanton
Mary Helen Borck
Joseph & Lauren Boudreaux
Robert & Linda Bowsher
Christopher Brooks
Devin Broome
Kristi Nelson Brousseau
Johnny Burns
Rhett & Jennifer Butler
Patricia Byrd
Patricia Calfee
Alan Carey
Barbara Carey
Jim Chenevert
Scott Chenevert
William Clark
Blaine Clark
Catherine Coates
G. Cobert
Richard & Donna Cone
Peter Conroy
Carole Corkern
Doug & Donna Cox
Nancy Craig
Elizabeth Curry
Paul Davenport
Heather Day
Fred Dent
Tessie Difulco
Stephanie Dixon
Gresna Doty
Richard Doughty
Shelley Edgerton
Lori Edwards
Meredith Eicher
Terry Ellis
Elizabeth Ezelle
Stuart Feigley
Edward & Nancy Feldman
Melony Fields
Clay Flournoy
Robin Fontaine
Amanda Foote
Amanda Fox
Ronald Gagnet
James Galey
Carolyn Galloway
Camille P. Gaspard
Michael Gatz
Douglas Gautreau
Nancy Gautreau
Christopher Geraci
Vance Gibbs
Linda Gibson
Dr. Janie Spaht Gill
Darryl Gissel
William & Mary Gladney
Stewart Gordon

Quiana Green
Danay Greemillion
Jessica Quinn
W.W. & K.A. Hackney
Kim Hardmann
Murelle Harrison
Rob Harroun
Wylie & Blanche Harvey
Vonnie Hawkins
Helen Hoffpauir
Peter Janis
Cherrie & Clay Johnson
Pollie Johnson
Larue Jolly
Jonas Babin
Melanie Jubb
Andrew Karabin
Mark Kanton
Charles Krutz
Carol Lacour
Philip Lafarge
Terri Lamana
Ann Langlois
D. Leak
Thomas LeBlanc
Danielle Lebouef
Patrick Lemoine
Justin Lemoine
Donna Lensing
Penelope Livers
Lee Ann & J. Eric Lockridge
Joseph Lotwick
Jodi Mallett
Gerry Malone
Connie Maranto
Anne P. Marks
Katherine Martin
Terrell Martin
Al McDuff
John & Alla McMillan
Orhan McMillan
Mary Mickle
Steven Miley
Charles & Joyce Montelih
Fred Montgomery
James Moreau
Mikella Nagura Morgan
Carol Mulhern
Monica Murphy
Casey D. Neale
Amy T. Nelson
John Nunn
Tyson O’Brien
Linda Ohmstede
Michael Olinde
Kyle Palmer
Lisa Paternostro
Julie Baxter Payer

Mary Peabody
G. Allen Penniman
Nick Pentas
Kelly Pepper
Andy Plaisance
Lee Polowczuk
L. Danielle Porche
Marsha Reichle
Wilbur Woods Reynaud
Kenneth & Kimberly Richie
Brenda Robbins
Alan Robert
Jane & Randy Robert
Pamela Rodman
Deborah Roe
Andrew Rollins
Karen Rowley
Theresa Samaha
Chuck Sanchez
Thomas Sanders
L. Cary Saurage
Connie Schnieder
Scott Schneidewind
William Sherman
Billy & Rosalind Sibley
Robert Skapura
Ashley Smith
Nicholas Smith
John Snow
Brian Stagg
Erik Stark
Jan Steinkamp
Emily Stewart
Calvert Stone
Anne Strother
Carolyne Stutts
John Tarleton
Carrie Tatum
Kristen Thomas
Melissa Thompson
W.R. & Martha L. Trask
Nancy Turkmen
Roxanne Voorhies
C. Alison Walker
Ann Watkins
Stephanie Webb
Kenneth & Dena White
Laura White
Trudy White
Kathryn Willenborg
Wendy Willis
Mark Wilson
Garland Goodwin Wilson
Dawn Lindun Womack
Cameron Woodward
Checo Yancy
Monica L. Zumo

Former client, James E., enjoying the piano which was donated by O’Brien House friend, Debra Dupree.
**2018 BRONZE & COPPER DONORS**

**BRONZE**
($1000 OR MORE)

Ken & Charlotte Aaron  
Thomas and Mary B. Acosta  
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Claire Pittman  
Brian Rosenstein  
Mike Steinkamp  
Cindy Tiek  
Lynn Tucker  
Dale & Dave Williams

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*2019 Catholic High School National Honor Society Meeting*

(From left to right: Jack F., Rosalind Sibley, Assistant Director, Joseph M., and David C.)
DIAMOND DONORS
($10,000 and above)
Charles Lamar Family Foundation
Huey and Angelina Wilson Foundation
Joel & Karen Sanders

SILVER DONORS
($2,000 and above)
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Todd Hamilton
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J. Garner Moore
Henry Olinde
Jennifer & Sean Reilly
Winston & Patricia Riddick